

List of Ethno-medicinal plants in Mizoram state with uses

S. No.	Botanical Name	Local Name	Family	Habit	Uses (Disease)	Plant Parts used
1	<i>Abelmoschus moschatus</i>	Uichhuhlo	Malvaceae	Herb	Syphilis, Wounds, Ulcers, Throat-pain	Root, Leaves, Roots, Seed.
2	<i>Acer oblongum</i>	Thingphingphihlip	Aceraceae	Tree	Diarrhoea, Dysentery	Bark
3	<i>Achyranthes aspera</i>	Uipanhlo	Amaranthaceae	Herb	Dysentery, Colic, Boils, Pile problems, Cirrhosis	Whole plant
4	<i>Adeantum lunulatum</i>	Lungsam	Pteridaceae (Adiantaceae)	Fern	For removing gravel from gall bladder, Heart disease	Whole plant
5	<i>Adina cordifolia</i>	Lungkhup	Rubiaceae	Tree	Diarrhoea, Stomach ulcer	Bark
6	<i>Aeschynanthus hookeri</i>	Pawhrual(Azamchi)	Gesneriaceae	Climber	Sprain	Leaves
7	<i>Ageratum conyzoides</i>	Vailenhlo	Asteraceae	Herb	Tuberculosis, Cuts	Roots, Leaves
8	<i>Albizia chinensis</i>	Vang	Mimosaceae	Tree	Headache, Skin burn, Scabies	Gums,Bark.
9	<i>Allophylus cobbe</i>	Gendrama(Chakma)	Sapindaceae	Shrub	Chronic ulcer	Root and leaves
10	<i>Alocasia fornicata</i>	Baibing	Araceae	Herb	Snake bite, Round worm.	Spadix, Stem.
11	<i>Alstonia scholaris</i>	Thuamriat	Apocynaceae	Tree	Hypertension, Anthelmintic, Cuts, Wounds, Ear-ache	Bark, Roots,Latex.
12	<i>Ampelocissus latifolia</i>	Hruipawl	Vitaceae.	Climber	Excess urination, Tooth-ache	Roots,Leaves

13	<i>Anacardium occidentale</i>	Sazupumpui-thei	Anacardiaceae	Tree	Ring-worm, Leprosy, Warts, Anticorbatic, Sore-throat.	Bark,Fruit,Leaves.
14	<i>Anacolosia crassipes</i>	Lushai-nautur (Bawm)	Olacaceae.	Tree	Measles, Skin eruptions.	Leaves.
15	<i>Angiopteris evecta</i>	Arthladawnpui	Angiopteridaceae.	Fern	Fracture of bone	Root-stock.
16	<i>Aporosa octandra</i>	Chhawntual	Euphorbiaceae	Tree	Colic, Stomach-ache, Stomach ulcer, Diarrhea, Dysentery	Bark
17	<i>Aquilaria malaccensis</i>	Thingrai	Thymelaeaceae	Tree	Gout, Rheumatism, Vomiting.	The agar/resinous substance of the wood
18	<i>Ardisia colorata</i>	Hnunthlum	Myrsinaceae	Tree	Ulcers.	Bark
19	<i>Ardisia elliptica</i>	Zernal	Myrsinaceae	Shrub	Chronic ulcer	Roots.
20	<i>Ardisia paniculata</i>	Naunuar	Myrsinaceae	Shrub	Rheumatism, Pains in venereal diseases, Jaundice	Roots
21	<i>Ardisia polycephala</i>	Sialtuai (M); Borsoilia (Ch).	Myrsinaceae	Tree	Excess bleeding	Roots.
22	<i>Artemisia indica</i>	Sai	Asteraceae	Herb	Malaria, Nose bleeding, Stomach ulcer, Cancer	Leaves
23	<i>Artocarpus chama</i>	Tatkawng (M); Tlaby (Ma).	Moraceae.	Tree	Diarrhoea, Sores, Pimples.	Bark
24	<i>Bauhinia variegata</i>	Vaube (M); Avyu (Ma).	Caesalpiniaceae	Tree	Dyspepsia, Flatulence, Diarrhea.	Root, Bark

25	<i>Begonia inflata</i>	Sekhupthur	Begoniaceae	Herb	Pile disorder, Food allergy, Genito-urinary problems.	Whole plant, Roots
26	<i>Berginia ciliata</i>	Kham-damdawi	Saxifragaceae	Herb	Diarrhoea, Dysentery, Sores, Ulcers.	Roots, Stem
27	<i>Bidens biternata</i>	Vawkpuihal, chabe t(Mizo).	Asteraceae	Herb	Diarrhoea, Dysentery	Whole plant.
28	<i>Blumea laciniata</i>	Khuanglawi/Chemsei-an (Mizo);Halamboisch(Chakma)	Asteraceae.	Herb	Snake-bite	Roots and leaves.
29	<i>Blumea lanceolaria</i>	Buarze (Mizo).	Asteraceae	Shrub	Wounds, Chroniculcer, Dysentery, Bronchitis, Asthma, Cancer, Liver ailment	Leaves
30	<i>Boehmeria rugulosa</i>	Lenlang	Urticaceae	Tree	Cuts, Burn, Sore	Barks
31	<i>Bombax insigne</i>	Pang (Mizo); Apha (Mara).	Bombaceae	Tree	Tonsillitis	Barks
32	<i>Borassus flabellifer</i>	Siallu (Mizo); Thia-hra(Mara).	Arecaceae	Tree	Navel, Diarrhea, Dysentery.	Root
33	<i>Bridelia monoica</i>	Phaktel (Mizo); Hoit-huzum (Chakma)	Euphorbiaceae	Tree	Jaundice, Rheumatism, Bodypains.	Roots

34	<i>Bryophyllum pinnatum</i>	Ruhseh	Crassulaceae	Herbs	Sprain, Joint pain	Leaves
35	<i>Buettneria aspera</i>	Zawngluang	Sterculiaceae	Climber	Mouth and tongue ulcers	Stem
36	<i>Butea superba</i>	Hruichun(M); Barengialudi	Fabaceae	Climber	Snake-bite, To remove warts or verrucose	Root, Leaves
37	<i>Callicarpa arborea</i>	Hnahkiah(Mizo),Hlakah(Ma ra)	Verbenaceae	Tree	Homeostatic, Stomachache	Bark, white powder or pruinose on young shoots, Bark
38	<i>Calotropis gigantean</i>	Rawldamdawi Lalram	Asclepiadaceae	Shrub	Swellings, Sprains, Rheumatism, Relief of painful joints, Ulcers, Leucoderma and other skin diseases.	Leaves, Latex
39	<i>Carica papaya</i>	Thingfanghma	Passifloraceae.	Tree	Enlarged spleen, Liver problems, Dysentery, Centipede bite, Intestinal worm, Scabies and other skin diseases, Cancer	Fruit, Seed, Latex, Leaves
40	<i>Cascabela thevetia</i>	Khum-ba-rang-zah(B);Rangkapar Lalram.	Apocyanaceae	Tree	Fever	Bark

41	<i>Cassia alata</i>	Tuihlo (Mizo); Daw-daw-blai (Bawm); Vai-hri-hlo (Pang).	Caesalpiniaceae.	Shrub	Ringworm and other skin diseases	Leaves
42	<i>Cassia floribunda</i>	Reng-an (Mizo), Mui-ta-pi (Bru)	Caesalpiniaceae.	Shrub	Ulcerated tumor	Roots
43	<i>Cassia hirsuta</i>	Sabdaru (Chakma), Rulchuk-damdawi Lalram.	Caesalpiniaceae.	Shrub	Snake-bite	Roots and leaves
44	<i>Cassia tora</i>	Kelbe-an(M).	Caesalpiniaceae.	Shrub	Ring worm, Cutaneous diseases	Roots, Leaves/seeds
45	<i>Castanopsis tribuloids</i>	Thingsia	Fagaceae	Tree	Mouth and tongue ulcer, Pneumonia	Stem
46	<i>Catharanthus roseus</i>	Kumtluang (M)	Apocyanaceae.	Shrub	Hypertension, Diabetes	Leaves and flowers
47	<i>Caulokaempferia linearis</i>	Lung-ai-thing Lalram.	Zingiberaceae	Herb	Vertigo	Leaves.
48	<i>Cautleya gracilis</i>	Pa-le(Bru)	Zingiberaceae	Herb	Flatulence, Colic, Hepatomegaly.	Rhizome.
49	<i>Centella asiatica</i>	Lambak	Apiaceae.	Herb	Hypertension, Water-brash or heartburn, Itches, Cuts, Wounds, Eyesore, Gastroenteritis, Cholera, Children's cough and cold.	Leaves

50	<i>Chassalia curviflora</i>	Khummurmu (Bru).	Rubiaceae.	Shrub	Chroniculcers, Tumors, Sores	Roots
51	<i>Chonemorpha fragrans</i>	Phungtheikelki(Lai);Theikelki uak(Mizo)	Apocynaceae.	Climber	Removal of retained placenta.	Roots
52	<i>Chromolaena odorata</i>	Tlangsam	Asteraceae.	Shrub	Cuts, Wounds (haemostatic)	Leaves
53	<i>Chukrasia tabularis</i>	Zawngtei (Mizo).	Meliaceae.	Tree	Gastric problem, Flatulence, Diarrhoea,	Bark, Seed
54	<i>Cinnamomum verum</i>	Thakthing (Mizo); Longiasangpa (Mara)	Lauraceae.	Tree	Colic,Flatulence,Hiccup,Cough,Nausea,Vo miting,	Root-bark, stem- bark, Leaves
55	<i>Cinnamomum bejolghota</i>	Thakthingsuak(Mizo); Smith(Bawm);Pa- hei(Mara)	Lauraceae	Tree	Dyspesia, Hepatomegaly, Fever/Malarial Fever	Bark and leaves
56	<i>Cissus javanica</i>	Hlosangharhmaibial	Vitaceae.	Climber.	Sore, Boil, Sprain.	Whole plants
57	<i>Cissus repanda</i>	Vawmdang(Mizo);Hoit- chiang (Chakma)	Vitaceae	Climber	Heartburn, Snake-bite	Root, Leaves
58	<i>Claoxylon khasianum</i>	Nagabang (Bru)	Euphorbiaceae	Tree	Abdominal tumor	Roots
59	<i>Clausena suffruticosa</i>	Santawkhi (Bru)	Rutaceae	Shrub	Headache, stiff and soredueto delivery.	Stem and leaves

60	<i>Clerodendrum colebrookianum</i>	Phuihnam (Mizo).	Verbenaceae	Shrub	Hypertension, Uteritis	Leaves & Roots
61	<i>Clerodendrum wallichii</i>	Tratuba(Bru); PhuihnamriaLalram.	Verbenaceae.	Shrub	Abdominal tumor	Roots
62	<i>Colysis hemionitidea</i>	Kawkte-betLalram;Ua-ma- kal(Bru).	Polypodiaceae.	Fern	Fracture of bone	Rhizome
63	<i>Congeatomentosa</i>	Sahuaihru (Mizo); Huaibawkhru (Lai); Pamipaw(Mara).	Verbenaceae	Climber	To getrid of sore-worms	Stem
64	<i>Cordia dichotoma</i>	Muk (Mizo); Thlahmo (Mara).	Cordiaceae	Tree	Cholera, For strengthening the function of uterus and <i>Zu-hri</i> (The blood-poison caused by rat- bite.)	Bark
65	<i>Costus speciosus</i>	Sumbul	Costaceae.	Herb	Kidney problem	Rhizome &Seeds
66	<i>Curanga amara</i>	Khatual	Scrophulariaceae	Herb	Hypertension	Stem and leaves
67	<i>Curculigo capitulata</i>	Phaiphek (M)	Hypoxidaceae	Herb	Stomachache, Headache, Cuts (Deep cuts)	Root, Tender shoot
68	<i>Curculigo orchioides</i>	Kauphek (M)	Hypoxidaceae	Herb	Antipyretic, Diuretic, Stomachache, Colic.	Rhizome or tuber
69	<i>Curcuma amada</i>	Sitalung (Bawm); Ai- puiLalram.	Zingiberaceae.	Herb	Chronic ulcer	Rhizome
70	<i>Curcuma aromatica</i>	Ai-hainamLalram	Zingiberaceae	Herb	Scabies, Small pox	Rhizome

71	<i>Curcuma caesia</i>	Ailaidum	Zingiberaceae.	Herb	Bruises, Sprain, Rheumatic pain, Piles, Leucoderma.	Rhizome
72	<i>Curcuma longa</i>	Aieng (Mizo).	Zingiberaceae.	Herb	Sprains, Wounds, Swellings, Asthma.	Rhizome
73	<i>Curcumazedoaria</i>	Ai-dizung Lalram.	Zingiberaceae.	Herb	Piles, Epileptic seizure	Rhizome
74	<i>Curcumorpha longiflora</i>	Ai-tur (Mizo)	Zingiberaceae.	Herb	Dysentery, Diarrhoea	Rhizome
75	<i>Curcumorpha</i>	Ailaihang Lalram	Zingiberaceae.	Herb	Dysentery, Diarrhoea	Rhizome
76	<i>Cyathula prostrate</i>	Buchhawlsen Lalram	Amaranthaceae	Herb	Suck the pus out, Dysuria.	Leaves
77	<i>Cyclea peltata</i>	Khauchhim (Mizo); Bithikakhama (Bru).	Menispermaceae	Climber	Colic, Fever, Diarrhoea	Roots.
78	<i>Dalbergia pinnata</i>	Hruitengtere Lalram.	Fabaceae	Shrub	Jaundice, Stomatitis, Toothache, Gum-boil.	Root-bark
79	<i>Dendrobium fimbriatum</i>	Chhungdum (Mizo); Nauban-chhungdum Lalram	Orchidaceae	Epiphytic	Cuts, Wounds	Pseudo-stem/stem
80	<i>Dendrobium denudans</i>	Kaikuang-nauban Lalram.	Orchidaceae.	Epiphytic	Anaesthetic or Narcotic or Hallucinogenic	Whole plant
81	<i>Dendrocide sinuata</i>	Thakpui	Urticaceae	Shrub	Diarrhoea, Dysentery, Liver problem.	Roots.

82	<i>Desmodium gyroides</i>	Kerangkana (Bru)	Fabaceae.	Shrub	Inflammatory glands.	Roots.
83	<i>Desmodium triflorum</i>	Bawngek-hloLalram.	Fabaceae.	Herb	Kidney trouble, Urinal problems, Wounds	Whole plant.
84	<i>Desmodium triquetrum</i>	Uifawmthing (Mizo); Taumsatha (Bru)	Fabaceae	Shrub	Inflammation, Fever, Flatulence, Dysentery, Intestinal-worms, Stomachic, to stopintoxication, Skin diseases, Ottorrhoea.	Roots, Leaves.
85	<i>Desmos chinensis</i>	Minzekchet(Bm).	Annonaceae.	Shrub	Chronic-sore.	Leaves.
86	<i>Desmos dumosus</i>	Sama(B); Zunin-damdawi Lalram.	Annonaceae.	Shrub	Dysuria, Stranguary.	Root-bark.
87	<i>Desmos longiflorus</i>	Khawichhawndiat	Annonaceae.	Tree	Chronic-ulcer	Roots, leaves
88	<i>Dillenia indica.</i>	Kawrthindeng (Mizo); Ai- tlang (Pang)	Dilleniaceae.	Tree	Diarrhoea, Dysentery, Ulcers, Sores, Cholera	Bark, Blaze, Fruit
89	<i>Dillenia pentagyna</i>	Kaihzawl	Dilleniaceae	Tree	Diabetes, Cancer, Colic Stomach-ulcer, Rheumatism, Anti-dandruff, Pile trouble	Bark, Leaves
90	<i>Dinochloa compactiflora</i>	Sairil	Poaceae.	Bamboo	Wounds, Influenza, Cough, Chest complaints	Stem

91	<i>Dipterocarpus turbinatus</i>	Lawngthing (M)	Dipterocarpaceae	Tree	Ulcers, Skin diseases	Oleo-resin
92	<i>Dysoxylum gobara</i>	Thingthupui (Mizo).	Meliaceae	Tree	Diarrhoea, Dysentery	Tender twigs, leaves
93	<i>Elaeagnus caudata</i>	Sarzukpui (M); Chara (Ma).	Elaeagnaceae.	Shrub	Retained placenta, Cure after child birth, For strengthening the function of uterus	Leaves and Roots
94	<i>Elaeagnus pyriformis</i>	Ramsarzuk (M), Zut(P)	Elaeagnaceae.	Shrub	Appendicitis	Root
95	<i>Elsholtzia blanda</i>	Nauhri (Ma)	Lamiaceae.	Shrub	Fever, Cholera, Skin diseases, Inflammation.	Aerial part
96	<i>Elsholtzia ciliate</i>	Ram-lengser Lalram.	Lamiaceae.	Herb	Diuretic, Cough, Cold	Whole plant
97	<i>Embelia nutans</i>	Nisarihthing (Bm)	Myrsinaceae.	Climber	Cuts, Wounds.	Leaves
98	<i>Embelia subcoriacea</i>	Tling(Mizo); Theima-tling(Pang).	Myrsinaceae.	Shrub	Woman's injury on child Birth	Leaves.
99	<i>Emblica officinalis</i>	Sunhlu (Mizo).	Euphorbiaceae	Tree	Diarrhoea, Dysentery, Eye-sore, Stomatitis, Gum bleeding	Bark, Leaves.
100	<i>Engelhardtia spicata</i>	Hnum.	Juglandaceae	Tree	Cuts, Wounds, Ringworm and Cutaneous diseases, Eye washing, cirrhosis of liver	Leaves, Seed, Fruits

101	<i>Entada pursaetha</i>	Kawi	Fabaceae	Climber	Hernia, Leech, Convulsion	Seeds, Young shoots and leaves
102	<i>Erythrina stricta</i>	Fartuahpui	Fabaceae.	Tree	Stomach ulcer	Bark
103	<i>Euphorbia hirta</i>	Sazubeng	Euphorbiaceae	Herb	Kidney problems, Dysentery	Stem and leaves
104	<i>Ficus auriculata</i>	Theibal/Theibate	Moraceae	Tree	Cuts, Wounds, Cuts, Wounds, Diarrhoea	Leaves,Bark
105	<i>Ficus benjamina</i>	Hmawngzaman	Moraceae	Tree	Malarial fever	Bark.
106	<i>Ficus semicordata</i>	Theitit	Moraceae	Tree	Jaundice, Hepatitis, Diabetis, Snake-bite	Leaves, Bark, Root-bark
107	<i>Flemingea macrophylla</i>	Tuisithing Lalram	Fabaceae	Shrub	Swellings, Pain in the body	Roots
108	<i>Garcinia pedunculata</i>	Theipumlian (Mizo)	Clusiaceae	Tree	Dysentery, Diarrhoea	Fruits
109	<i>Garcinia sopsopia</i>	Vawmva (Mizo);Thei-sakei (Pang).	Clusiaceae	Tree	Snake-bite	Bark
110	<i>Gardenia coronaria</i>	Rul-hlah Lalam.; Ragoit-phul-gait (Chakma).	Rubiaceae	Tree	Snake-bite	Roots and leaves
111	<i>Gelsemium elegans</i>	Hnamtur (Mizo).Chamai (Mara)	Lo-ganiaceae.	Shrub	Asthma, Diarrhoea, Stomach-ache	Leaves

112	<i>Gmelina arborea</i>	Thlanvawng Aveu(Mara) (Mizo),	Verbanaceae	Tree	Hypertension, Itching sore	Flowers, Fruits
113	<i>Gynocardia odorata</i>	Saithei (Mizo, Lai.)	Flacourtiaceae	Tree	Leprosy and other skin diseases	Seed-oil
114	<i>Hedychium coronarium</i>	Ai-lalnu Lalram	Zingiberaceae	Herb	Swellings, Febrifuge, Anti-rheumatic.	Stem, Rhizome.
115	<i>Hedyotis diffusa</i>	Kairem	Rubiaceae	Herb	Sprain, Sciatica	Aerial parts
116	<i>Hedyotes scandens</i>	Laikingtuibur/Kelhnamtur	Rubiaceae	Climber	Malaria fever, Jaundice, Kidney trouble, Removal of stones from the kidney/gall-bladder, Dysuria	Roots, leaves.
117	<i>Helicia excelsa</i>	Sialhma (Mizo)	Proteaceae.	Tree	Colic, Stomach-ache and Strengthening the function of uterus.	Bark
118	<i>Helicia robusta</i>	Pasaltakaza	Proteaceae	Tree	Stomatitis, Uterus problems, Urinary tract infection	Bark
119	<i>Hex umbellulata</i>	Thinguihahni	Aquifoliaceae.	Tree	Tonsillitis	Bark
120	<i>Hibiscus rosa-sinensis</i>	Laifual	Malvaceae	Shrub	Cancerous swellings, Mumps, Fevers, Jaundice	Leaves and Flowers
121	<i>Hiptage benghalensis</i>	Raisentur	Ebenaceae.	Shrub	Diarrhoea, Dysentery, Stomach ulcer	Root-bark
122	<i>Houttuynia cordata</i>	Uithinthang	Saururaceae	Herb	Sinus	Whole plant

123	<i>Hydnocarpus kurzii</i>	Khawitur	Flacourtiaceae.	Tree	Stupefying bees, poisoning fish	Bark, Fruits
124	<i>Hydrocotyle javanica</i>	Hlovoidawr	Apiaceae	Herb	Stomachache, Eye pain	Leaves.
125	<i>Imperata cylindrica</i>	Di	Poaceae	Herb	Round-worms, Pin-worms, Urinary problem.	Roots, Whole plants
126	<i>Ixora nigricans</i>	Thainurual	Rubiaceae.	Tree	Dysentery, Colic.	Leaves.
127	<i>Jasminum dispersum</i>	Hruidadmawi/Maufim	Oleaceae	Shrub	Diarrhoea, Dysentery	Leaves
128	<i>Justicia zeylanica</i>	Kawldai (Mizo), Kodia (Mara).	Acanthaceae	Shrub	Cuts, Wounds, chronic fever/malarial fever, Whooping cough	Leaves
129	<i>Kaempferia rotunda</i>	Tuktin par.	Zingiberaceae	Herb	Throat problems	Roots
130	<i>Kalanchoe integra</i>	Kang-damdawi	Crassulaceae	Herb	Burns	Leaves
131	<i>Kalanchoe pinnata</i>	Zihor(Bru).	Crassulaceae.	Herb	Vertigo	Leaves
132	<i>Knema linifolia</i>	Thingthi	Myristicaceae	Trees	Stomachache, Ulcer	Latex
133	<i>Laggera crispata</i>	Ram-vaihlo Lalram; Ka-ua-thlo-ru (Mara)	Asteraceae	Herb	Chronic ulcer or sore	Leaves
134	<i>Lannea coromandelica</i>	Tawitawsuak (Mizo); Dokao (Mara)	Anacardiaceae	Tree	Swellings, Sprains, Pain of the body	Leaves
135	<i>Lasia spinosa</i>	Zawngzang (Mizo)	Araceae	Herb	Throat-pain	Rhizome
136	<i>Lasianthus hirsutus</i>	Thingchangnei Lalram.	Rubiaceae	Shrub	Cuts, Wounds	Leaves.

137	<i>Lasianthus wallichii</i>	Ruih-thing*Lalram.	Rubiaceae	Shrub	Hallucinogenic effect	Leaves.
138	<i>Lepidagathis rigid</i>	Vangvattur/Vangvathlo (Mizo); Chava-chamai(Mara)	Acanthaceae	Herb	Tooth-worms	Leaves.
139	<i>Lindernia ruelloides</i>	Thasuih	Scrophulariaceae	Herb	Sprain, Swelling, Spasmodic	Whole plant.
140	<i>Lithocarpus dealbata</i>	Fah	Fagaceae	Tree	Ring worm, Vitiligo	Wood
141	<i>Litsea monopelata</i>	Nauthak (Mizo); Bohlai (Bru).	Lauraceae	Tree	Jaundice associated with hepatitis	Bark.
142	<i>Lobelia angulata</i>	Choak-thi	Lobeliaceae	Herb	Diarrhoea, Dysentery, Stomach ulcer, Ophthalmia, Tonsillitis, Kidney trouble, Jaundice.	Fruits, Whole plants.
143	<i>Lobelia nicotianaefolia</i>	Berawchal	Campanulacea	Shrub	Snake bite, Ringworm	Lac
144	<i>Lonicera macrantha</i>	Leihruisen	Caprifoliaceae.	Climber	Diarrhea, Cancer	Leaves, Roots
145	<i>Lycodium flexuosum</i>	Dawnzem, Dawnzimpui	Lygodiaceae.	Fern	Antihelmenthic, Wounds,Scabies.	Roots, Leaves
146	<i>Mallotus leucocarpus</i>	Sikiah(Bawm)	Euphorbiaceae	Shrub	Stomach-ache.	Roots
147	<i>Mallotus philippensis</i>	Thingkhei	Euphorbiaceae	Tree	Diarrhoea, Dysentery	Bark

148	<i>Mallotus roxburghianus</i>	Zawngtenawhlung	Euphorbiaceae.	Shrub	Diabetis, Hepatitis, Fever Hypertension	Bark, Twigs and leaves
149	<i>Malvaviscus arboreus</i>	Sap-arngeng	Malvaceae	Shrub	Sore	Bud
150	<i>Mangifera indica</i>	Theihai.	Anacardiaceae	Tree	Diarrhoea, Diabetes.	Bark and fruits, Leaves (young red)
151	<i>Meilia azedarach</i>	Nim-suak Lalram	Meliaceae.	Tree	Fever, Hypertension	Leaves
152	<i>Mikania micrantha</i>	Japan-hlo (Mizo), Japa-pashi (Mara)	Asteraceae.	Climber	Cuts, Wounds, Diarrhoea, Dysentry, Fever, Cancer	Leaves
153	<i>Millettia pachycarpa</i>	Ru-lei	Fabaceae	Climber	Wounds, Swelling, Sprains, Scabies, Itches, Toothache	Root.
154	<i>Millettia piscidia</i>	Ruteng	Fabaceae.	Tree	Abortifacient	Fruits.
155	<i>Mimosa invisa</i>	Dihlo	Mimosaceae.	Climber	Stones in the kidney/gall-bladder	Roots.
156	<i>Mimosa pudica</i>	Hlonuar	Mimosaceae	Shrub	Kidney problems, Tooth-worms, Boil, Placental disorder	Roots, Leaves, Whole plant
157	<i>Mirabilis japala</i>	Aratukkhuan	Nyctaginaceae	Herb	Itches, Sprain, Bone fractures	Leaves

158	<i>Momordica charantia</i>	Changkha/Changkate	Cucurbitaceae.	Climber	Jaundice, Dysentery, Hypertension, Reduction of breast milk	Leaves, Fruits
159	<i>Morinda angustifolia</i>	Lum, Kawrpel; Bolkormoha (Bru)	Rubiaceae.	Shrub	Hepatitis, Jaundice	Root-bark
160	<i>Mucana pruriens</i>	Uiteme	Fabaceae	Climber	Aphrodisiac, Spermatorhoea, Nervinetonic, Delirium in fever, Dropsy	Seeds, Roots
161	<i>Mussaenda roxburghii</i>	Vakeb	Rubiaceae	Shrub	For snake bite.	Leaves
162	<i>Phoebe lanceolata</i>	Nuhbanthi (Bru)	Lauraceae	Tree	Headache, stiff and soredueto delivery.	Leaves
163	<i>Neolamarckia cadamba</i>	Banphar	Rubiaceae.	Tree	Bone-ache, Swelling, Aphthae, Stomatitis	Sap, Leaves
164	<i>Ocimum gratissimum</i>	Khum-bang-bang(Bru)	Lamiaceae.	Shrub	Apththae, Aphrodisiac, Anti-gonorrhoea	Leaves and flowers
165	<i>Ocimum tenuiflorum</i>	Runhmu-dum Lalram.	Lamiaceae.	Shrub	Hepatitis, Cough, Bronchitis, Gastric disorders, Mosquito-repellent	Whole plant
166	<i>Oroxylum indicum</i>	Archangkawm	Bignoniaceae	Tree	Diarrhoea, Rheumatic pains, Piles, Goites.	Root-bark, Bark, Tender Pods

167	<i>Osbeckia sikkimensis</i>	Builukham pa	Melastomaceae	Shrub	Renal disorder, Genito-urinary problem, Kidney trouble, Stomachic, Toothache.	Roots, Leaves
168	<i>Ostodes paniculata</i>	Beltur	Euphorbiaceae	Shrub	Bad sore	Bark
169	<i>Paederia scandens</i>	Vawihuihrui (Mizo); Veihna (Mara)	Rubiaceae.	Climber	Gum-boil, Toothache, Herpes	Leaves and stem
170	<i>Pajanelia longifolia</i>	Ram-archangkawm	Bignoniaceae.	Tree	Fracture.	Young stem and leave
171	<i>Pandanus fascicularis</i>	Ramlakhuih	Pandanaceae	Tree	Kidney trouble, Stomach ulcer, Kidney trouble	Root, Leaves
172	<i>Parabarium hooker</i>	Theikelkibawr	Apocyanaceae	Climber	Antisepticts	Latex
173	<i>Passiflora nepalensis</i>	Nauawimu	Passifloraceae	Climber	Malarial fever	Roots and stem
174	<i>Pentapetes phoenicea</i>	Parsenbial Lalram	Sterculiaceae.	Herb	Inflammatory glands, Cough, Cold	Leaves
175	<i>Persea minutiflora</i>	Nghalenglutar	Lauraceae	Tree	Removal of poisonous hair of caterpillars	Leaves
176	<i>Phlogacanthus thysiformis</i>	Vatezu (Mizo); Khumtiangkohha (Bru).	Acanthaceae.	Shrub	Abdominal tumor	Roots.
177	<i>Phyllanthusairy-shawii</i>	Mawisai (Mara).	Euphorbiaceae.	Shrub	Measles, Skin eruptions, Inflammatory glands	Leaves.

178	<i>Phyllanthus fraternus</i>	Mitthi-sunhlu (Mizo), Lai-keng-thei-chah (Bawm)	Euphorbiaceae	Herb	Arthritis, Jaundice, Gastro-internal troubles, Scabies, Apthae, Diuretic, Genito-urinary infections, Cutaneous diseases, Hepatitis, Cirrhosis	Whole plant
179	<i>Plantago erosa</i>	Kelba-an	Plantagianaceae	Herb	Diarrhoea, Fever, Inflammation, Burns	Whole plant
180	<i>Plumeria acuminata</i>	Chhi-chu (Bru); Vaingai Lalram	Euphorbiaceae	Tree	Carbuncles, Verrucose, Enlargement of spleen, Enlargement of liver, Vertigo, Hemicrania	Milky juice, bark and leaves
181	<i>Podocarpus neriifolia</i>	Thlang-far/Tu-far/Phai-tufar (Mizo); Sar-thing (Pang)	Podocarpaceae.	Tree	Herpes	Bark, leaves
182	<i>Polygonum plebium</i>	Bakhate /Anngharil(M); To-ku-lai(B).	Polygonaceae	Herb	Cirrhosis of liver, Gastric complain	Whole plant
183	<i>Pothos cathcartii</i>	Leh-pong (Bru).	Araceae.	Climber	Bone-setting	Stem and leaves
184	<i>Pothos scandens</i>	Leh-pong (Bru).	Araceae.	Climber	Fracture of bone	Stem and leaves
185	<i>Pottsia laxiflora</i>	Ludi-rani-tak(Chakma)	Apocyanaceae	Climber	Snake-bite	Roots and leaves
186	<i>Pramanthes scandens</i>	Kawlhlo	Asteraceae	Climber	Urinary tract infection	Leaves
187	<i>Pricasma javanica</i>	Thingdamdawi (Mizo,	Simaroubaceae	Tree	Malaria, Diabetes, Hypertension	Bark
188	<i>Prunus jenkinsii</i>	Keipui	Rosaceae	Tree	Kidney trouble	Leaves
189	<i>Pseudodrynaria coronans</i>	Awmvel	Polypodiaceae	Fern	Herpes	Rhizomes
190	<i>Psidium guajava</i>	Kawlthei	Myrtaceae	Tree	Diarrhoea, Dysentery	Leaves
191	<i>Pueraria lobata</i>	Hrui-duk	Fabaceae	Climber	Cuts, Wounds, Kidney trouble	Leaves and stem

192	<i>Punica granatum</i>	Theibuhfai	Lythraceae	Shrub	Diarrhoea, Cholera, Genito-urinary problem, Typhoid, Malaria, Kidney trouble,	Leaves, fruits, Bark
193	<i>Quercus serrata</i>	Sasua	Fagaceae	Tree	Stomach ulcer	Bark
194	<i>Rauvolfia serpentina</i>	Rulturzung Lalram; Chandoma (Bru).	Apocyanaceae.	Shrub	Dysentery, Stomachache	Roots
195	<i>Rhaphidophora decursiva</i>	Tubal (Mizo), Makhal(Bru).	Araceae.	Climber	Fracture of bone	Stem and leaves
196	<i>Rhaphidophora hookerii</i>	Thiallawn (Mizo); Zunhnahtial (Bawm).	Araceae.	Climber	Easylabour, Bone-setting	Stem
197	<i>Rhus semialata</i>	Khawmhma (Mizo), Thoh- maw (Mara)	Anacardiaceae	Tree	Colic, Diarrhoea	Fruits and wood
198	<i>Ricinus communis</i>	Kungpuimuthi	Euphorbiaceae	Shrubs	Head-ache, Infection in gall bladder, Throat-paining, Head-ache, Fever, Chest pain, Dysentery.	Leaves, Seeds
199	<i>Rubia cordifolia</i>	Rawngsen/Saphut	Rubiaceae.	Climber	Ulcers, Inflammation, Skin diseases, Vermifuge	Roots
200	<i>Ruellia suffruticosa</i>	Sa-vang-ma (Bru)	Acanthaceae	Herb	Kidney trouble, Liver ailments	Roots
201	<i>Saraca asoca</i>	Mualhawih.	Caesalpiniaceae	Tree	Placental disorder, Easy labor, Diuretic, Stomach ulcer, Haemorrhage.	Bark, Root bark
202	<i>Schima wallichii</i>	Khiang	Theaceae.	Tree	Cuts, Wounds, Insect-bite, Aphae, Snake-bite.	Bark, Sap, Fruits, leaves
203	<i>Scoporia dulcis</i>	Perhpawngchaw	Scrophulariaceae	Herb	Renal disorder, Jaundice, Genito-urinary trouble, Diarrhea associates with stomachache, Dysentery associates with stomachache, Snake-bite, Fever, Problem in gall-bladder, Burns, Sores, Ulcer, Haemostatics.	Whole plants, Root, Leaves

204	<i>Securinega virosa</i>	Saisiak	Euphorbiaceae	Shrub	Small pox, Measles, Hoes.	Leaves
205	<i>Semecarpus anacardium</i>	Vawmbal-pui	Anacardiaceae.	Tree	Sprains, Rheumatism	Fruit or nut
206	<i>Senecio scandens</i>	Saiekhlo	Asteraceae.	Climber	Ulcerated cancer/ulcers	Leaves oraerialparts.
207	<i>Sida rhombifolia</i>	Khingkhoh	Malvaceae	Shrub	Genito-urinary problem	Root
208	<i>Smilax glabra</i>	Tluangngil/Kaitluang	Smilacaceae	Climber	Gynaecological problems, Stomachic problems	Tuber
209	<i>Solanum anguivi</i>	Tawkte	Solanaceae.	Shrub	Snake bite, Toothache, Nose bleeding, Dysentery, Cholera	Root, leaf, stem, flower and fruit
210	<i>Solanum khasianum</i>	Athlo (Mizo), Rulpuk (Mara,Lai).	Solanaceae	Shrub	Tooth-worm.	Fruit, seeds.
211	<i>Solanum nigrum</i>	Anhling	Solanaceae.	Herb	Liver problem, Dropsy, Urinary tract infection	Whole plant, Leaves
212	<i>Sonchus wightianus</i>	Gangmula (Chakma).	Asteraceae.	Herb	Cardiac tonic associated with dysentery and vomiting	Roots
213	<i>Sonerila maculata</i>	Thaksen-hlo	Melastomatacea	Herb	Itching sore	Leaves
214	<i>Spilanthes acmella</i>	Ankasate	Asteraceae	Herb	Dental caries	Flowers
215	<i>Stellaria media</i>	Changkalrit	Caryophyllaceae	Herb	Diarrhoea, Herpes zoster, Kidney trouble, Common cold.	Aerial parts
216	<i>Stemona tuberosa</i>	Sang/Kaimam Lalram.	Stemonaceae.	Shrub	Stomachache, Cancer, Fever, Tuberculosis.	Tuber
217	<i>Stephania japonica</i>	Hnahbial	Menispermaceae	Climber	Diarrhoea, Stomachtrouble	Root-stock.

218	<i>Sterculia hamiltonii</i>	Tlingi & Ngamainchhawthuaiana	Malvaceae	Shrub	Ophthalmia	Root
219	<i>Sterculia villosa</i>	Khaupui.	Sterculiaceae	Tree	Tonsillitis, Pharynxitis	Bark
220	<i>Stereospermum colais</i>	Zihngal	Bignoniaceae.	Tree	Anthelmintic, Antifebrile, Malarial fever, Stomachic.	Bark, Leaves, Shoots
221	<i>Stereospermum neuranthum</i>	Zihaw(Mizo,Lai)	Bignoniaceae.	Tree	Chronic ulcer, Sores, Skin diseases.	Heartwood/wood
222	<i>Syzygium cumini</i>	Lenhmui	Myrtaceae	Tree	Enlarged spleen, Dysentery, Stomach- ache, Diabetes, Cholera, Worms, Inflamed eye-lids, Teeth problems, Gum problems, Itching, Chronic dysentery, Tongue pains, Gum pains.	Fruit, Seeds, Bark, Leaves
223	<i>Tarennia odorta</i>	Kha-la-gor-song (Chakma)	Rubiaceae.	Shrub	Snake-bite.	Roots and leaves
224	<i>Terminalia bellirica</i>	Thingvandawt	Combretaceae.	Tree	Diarrhoea, Dysentery, Renal trouble, Leucoderma	Fruit, Bark
225	<i>Terminalia chebula</i>	Reraw	Combretaceae.	Tree	Eye-sore, Stomatitis, Chronic ulcer, Wounds, Cirrhosis of liver, Burns, Pimples.	Fruits, Seeds
226	<i>Terminalia citrina</i>	Kharuan	Combretaceae	Tree	Stomach-ache	Fruits
227	<i>Tetracerasarmentos</i>	Hruithindeng Lalram., Zun- aitlang(Bawm).	Dilleniaceae.	Climber	Diarrhea, Dysentery, Febrifuge	Bark.
228	<i>Tetrameles nudiflora</i>	Thingdawl; Amo(Mara).	Tetramelaceae.	Tree	Bite of grey-wood tick	Sap of bark
229	<i>Thunbergia coccinea</i>	Fahrah-hrui	Acanthaceae	Climber	Sore	Stem and leaves.
230	<i>Thunbergia grandiflora</i>	Vako	Acanthaceae	Climber	Eye-sore, Ophthalmia	Stem

231	<i>Tinospora cordifolia</i>	Theisawntlung (Mizo)	Menispermaceae	Climber	Insect-bite, Insanity, Rheumatic pains, Swellings.	Barks and leaves
232	<i>Toona ciliate</i>	Tei/Teipui (Mizo)	Meliaceae.	Tree	Diarrhoea, Dysentery.	Bark and wood.
233	<i>Trapa natans</i>	Dil-hloLalram.	Trapaceae.	Herb	Diarrhoea	Aerial part
234	<i>Trevesia palmata</i>	Kawhtebel	Araliaceae	Tree	Stomachache, Colic, Tumor, Eye-sight.	Petiole, Roots,
235	<i>Trichosanthes tricuspidata</i>	Vaukhaum (Mizo).	Cucurbitaceae.	Climber	Infertility, Asthma, Cough, Diphtheria , Stomachic, Hemicrania	Roots,Leaves, Fruit
236	<i>Uncaria sessilifructus</i>	Ralsamkuai-ziksen(Mizo).	Rubiaceae.	Climber	Diphtheria, Throat-pain, Inflammatory glands, Excess bleeding, Boils	Twigs, leaves, Roots
237	<i>Vernonia albicans</i>	Dawn-do-u-pun (Chakma). Buar-vut-buakLalram	Asteraceae.	Herb	Ear-ache/ diarrhoea	Leaves.
238	<i>Vitex peduncularis</i>	Thinghawilu (Mizo); Ko-bai-kai (Mara).	Verbenaceae.	Tree	Malarial fever, Black-water fever	Bark
239	<i>Vitis bifurcate</i>	Hruiveikual Lalram.; Du-de-bra(Bru); Rangabut-tua (Chakma)	Vitaceae.	Climber	Sciatica, Swellings, Sprains.	Root
240	<i>Woodfordia fruticosa</i>	Ainawn	Lythraceae	Shrub	Sores, Ulcers (Stomach pain)	Flowers
241	<i>Zingiber officinale</i>	Sawhthing (Mizo).	Zingiberaceae.	Herb	Cough, Bronchitis, Throat pain.	Rhizome
242	<i>Zingiber purpureum</i>	Pale (Chakma, Bru)	Zingiberaceae.	Herb	Stomach-ache, Diarrhoea, Stomachic	Rhizome

